

# **BANREKORD Terräng Valö IK**

Uppnådda vid tävlingar i Valö el-ljusspår fr.o.m. 1996.

Uppdaterad efter säsongen 2007

<b><u>Lilla varvet 1 x 715 m</u></b>	F 3	<i>Ida Halvorsen -94</i>	9.56	1996-11-10
	F 5	<i>Michaela de Jounge -92</i>	4.47	1997-11-02
	F 7	<i>Jessica Lindén -95</i>	4.07	2002-04-07
	F 9	<i>Amanda Svensson -94</i>	4.18	1996-10-20
	P 3	<i>Elias Korvenniemi -02</i>	7.25	2005-04-26
	P 5	<i>Filip Holmgren -02</i>	4.11	2007-04-02
	P 7	<i>Mattias Karlsson -89</i>	4.15	1996-11-03
	P 9	<i>David Lövström -99</i>	3.31	2007-04-30

<b><u>Lilla varvet 2 x 715 m</u></b>	F 7	<i>Jessica Lindén -95</i>	8.25	2002-04-21
	F 9	<i>Jessica Lindén -95</i>	7.15	2004-04-28
	F 11	<i>Ida Halvorsen -94</i>	6.50	2004-04-28
	P 7	<i>Simon Halvorsen -92</i>	8.35	1999-04-25
	P 9	<i>Sebastian Henriksson -94</i>	7.28	2002-05-01
	P 11	<i>Simon Halvorsen -92</i>	6.27	2003-05-01

<b><u>Lilla varvet 3 x 715 m</u></b>	F 11	<i>Malin Holmgren -86</i>	11.05	1996-10-20
	P 7	<i>Simon Halvorsen -92</i>	16.48	1998-04-19
	P 9	<i>Christian Hartmann -87</i>	12.56	1996-11-10
	P 11	<i>Johan Bark -85</i>	10.08	1996-11-10
	P 13	<i>Lars Hedlund -86</i>	14.11	1999-03-28
	P 15	<i>Johan Bark -85</i>	10.09	1999-03-28

<b><u>Lilla varvet 4 x 715 m</u></b>	F 13	<i>Elin Karlsson -85</i>	18.54	1997-03-31
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<b><u>Mellanbanan 1850 m</u></b>	F 9	<i>Jessica Lindén -95</i>	10.02	2004-04-24
	F 11	<i>Ida Halvorsen -94</i>	9.11	2005-04-23
	F 13	<i>Linn Wennbom -89</i>	9.18	2002-05-01
	F 17	<i>Theresia Johansson -82</i>	15.42	1998-03-29
	K	<i>Jeanette Andersson -71</i>	9.57	1998-04-26
	P 7	<i>Pontus de Jounge -97</i>	13.16	2004-04-17
	P 9	<i>Fredrik Björn -93</i>	11.05	2002-04-21
	P 11	<i>Daniel Holm -90</i>	9.18	2000-04-24
	P 13	<i>Simon Halvorsen -92</i>	7.25	2005-04-26
	P 15	<i>Christoffer Andersson -86</i>	9.04	2000-03-26

**2.5 km**

F 11	<i>Ida Halvorsen -94</i>	<i>13.12</i>	<i>2004-04-12</i>
F 13	<i>Maria Barman -88</i>	<i>11.45</i>	<i>2001-04-29</i>
F 15	<i>Maria Barman -88</i>	<i>11.38</i>	<i>2003-04-26</i>
F 17	<i>Maria Barman -88</i>	<i>12.02</i>	<i>2004-04-28</i>
K	<i>Yvonne Hartmann -61</i>	<i>12.44</i>	<i>1996-10-20</i>
P 9	<i>Sebastian Henriksson -94</i>	<i>14.26</i>	<i>2002-04-14</i>
P 11	<i>Simon Halvorsen -92</i>	<i>10.54</i>	<i>2003-04-21</i>
P 13	<i>Johan Bark -85</i>	<i>11.07</i>	<i>1998-05-03</i>
P 15	<i>Simon Halvorsen -92</i>	<i>10.37</i>	<i>2006-04-26</i>
P 17	<i>Johan Bark -85</i>	<i>14.50</i>	<i>2001-04-01</i>
M 22	<i>Oskar Wallin -76</i>	<i>11.46</i>	<i>1996-10-20</i>
M	<i>Alf Sjökvist -43</i>	<i>10.01</i>	<i>2005-04-16</i>

**5.0 km**

F 15	<i>Maria Barman -88</i>	<i>25.41</i>	<i>2002-05-01</i>
F 17	<i>Maria Barman -88</i>	<i>26.46</i>	<i>2004-04-12</i>
F 19	<i>Malin Holmgren -86</i>	<i>32.56</i>	<i>2004-04-12</i>
K	<i>Maria Ahlberg -66</i>	<i>29.57</i>	<i>2004-04-24</i>
P 15	<i>Johan Bark -85</i>	<i>24.19</i>	<i>1999-10-24</i>
P 17	<i>Alexander Brännkärr -88</i>	<i>19.06</i>	<i>2005-04-16</i>
P 19	<i>Alexander Brännkärr -88</i>	<i>19.25</i>	<i>2006-04-26</i>
M	<i>Alf Sjökvist -43</i>	<i>18.08</i>	<i>1999-05-01</i>

**7.5 km**

M	<i>Alf Sjökvist -43</i>	<i>27.24</i>	<i>1997-04-20</i>
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2007-04-30