

**Lilla varvet 715 m**

David Lövström -99	3.31	2007-04-30
Emil Hjalmarsson -91	4.06	2000-04-24
Jessica Lindén -95	4.07	2002-04-07
Filip Holmgren -02	4.11	2007-04-02
Mattias Karlsson -89	4.15	1996-11-03
Amanda Svensson -94	4.18	2002-04-07
Lovisa Johansson -89	4.20	1996-10-20
Erik Hedlund -90	4.23	1997-03-31
Elsa Hedlund -90	4.34	1997-04-13
Pontus de Jonge -97	4.34	2003-04-21
Rebecca de Jonge -95	4.36	2002-04-28
Tonje Halvorsen -90	4.37	1996-10-27
Essi Korvenniemi -99	4.41	2007-04-16
Ida Halvorsen -94	4.42	2000-04-09
Elias Korvenniemi -02	4.46	2007-04-23
Michaela de Jonge -92	4.47	1997-11-02
Josefin Andersson -94	4.56	2002-04-07
Johanna Lindén -00	4.57	2007-04-30
Simone Kylin -95	4.58	2003-03-30
Wilja Weber -00	4.58	2006-04-26
Viktor Johansson -91	4.59	1999-05-01
Evelina Hjalmarsson -90	5.00	1999-04-18
Viktor Löfgren -99	5.03	2006-04-26
Gustav Eriksson -02	5.04	2007-04-16
Gusrav Löfgren -01	5.16	2007-04-02
Tilda Axelsson -02	5.27	2007-04-16
Petri Kylin -97	5.33	2003-03-30
Ida Hjalmarsson -95	5.39	2000-05-01
Michael Stahre -92	6.08	1998-04-19
Birgitta Ehrh -43	6.23	1999-05-01
Simon Andersson -90	6.33	1996-11-03
Elin Stahre -94	6.42	1998-04-19
Simon Halvorsen -92	7.40	1996-11-10
Evelina Wennbom -96	7.53	2001-04-29
Elma Wennbom -98	8.54	2001-04-29

**Lilla varvet 2x715 m**

Simon Halvorsen -92	6.27	2003-05-01
Ida Halvorsen -94	6.50	2004-04-28
Sebastian Henriksson -94	6.58	2004-04-28
Johan Thyr -90	7.05	2000-05-01
Jessica Lindén -95	7.05	2006-04-26
Linn Wennbom -89	7.12	1999-10-24
Anna Jansson -95	7.12	2006-04-26
Tonje Halvorsen -90	7.34	2002-04-01
Markus Holmgren -88	7.38	1996-11-17
Michaela de Jonge -92	7.46	2003-05-01
Emil Hjalmarsson -91	7.49	2000-05-01
Mattias Karlsson -89	8.02	1998-04-19
Erik Pettersson -93	8.13	2004-04-28
Elsa Hedlund -90	8.41	1998-04-26
Pontus de Jonge -97	8.50	2004-04-28
Natalie Romanov -90	9.01	1998-05-03
Simone Kylin -95	9.05	2005-04-26
Lovisa Johansson -89	9.10	1997-03-22
Christoffer Dahlström -91	9.13	2001-04-29
Maria Barman -88	9.37	1999-04-05
Anna Karlsson -88	9.38	1999-04-05
Josefin Andersson -94	10.38	2002-05-01
Camilla Hövik -91	10.50	1998-04-26
Jessica Hövik -92	10.52	1998-04-26
Elinor Frisk -88	11.01	1996-10-20
Petri Kylin -97	11.37	2005-04-26
Evelina Hjalmarsson -90	11.39	1998-04-05
Evelina Wennbom -96	19.49	2001-04-01

Forts. Personbästa – tider terräng....

#### Lilla varvet 3 x 715 m

Johan Bark –85	10.08	1996-11-10
Malin Holmgren –86	11.05	1996-10-20
Christofer Hartmann –85	12.31	1996-11-10
Christian Hartmann –87	12.56	1996-11-10
Johanna Myrland –87	14.09	1996-11-17
Lars Hedlund –86	14.11	1999-03-28
Simon Halvorsen –92	16.48	1998-04-19

#### Lilla varvet 4 x 715 m

Elin Karlsson –85	18,54	1997-03-31
Sara Hedlund –84	19.47	1997-03-31
Lisa Holmgren –84	20.28	1997-04-06

#### Mellanbanan 1850 m

Simon Halvorsen -92	7.25	2005-04-26
Christoffer Andersson –86	9.04	2000-03-26
Ida Halvorsen -94	9.11	2005-04-23
Daniel Holm –90	9.18	2000-04-24
Linn Wennbom –89	9.18	2002-05-01
Tonje Halvorsen –90	9.19	2002-05-01
Johnny Thyr –88	9.21	2000-03-26
Johan Bark –85	9.33	1996-11-03
Henrik Eriksson –89	9.42	2002-05-01
Christofer Hartmann –85	9.47	1996-10-27
Markus Holmgren –88	9.47	1998-03-29
Jeanette Andersson –71	9.57	1998-04-26
Jessica Lindén -95	9.57	2007-04-30
Fredrik Björn –93	11.05	2002-04-21
Tim Carlsson -92	11.06	2004-04-03
Johan Thyr –90	11.16	2001-04-16
Carolina Eriksson –88	11.18	2000-04-09
Malin Holmgren –86	11.21	1996-11-03
Linnéa Eriksson –90	11.23	2000-04-09
Christian Hartmann –87	11.42	1996-10-27
Emil Hjalmarsson –91	11.47	2000-04-02
Viktor Johansson –91	11.56	2000-03-26
Michaela de Jounge –92	12.11	2003-04-26
Pontus de Jounge -97	12.13	2007-03-26
Christoffer Dahlström –91	12.17	2002-04-21
Tone Halvorsen –63	12.20	1999-04-18
Natalie Romanov –90	12.37	1998-04-26
Lovisa Johansson –89	13.03	2000-04-02
Tobias Andersson –91	13.07	2002-04-21
Jenny Pettersson – (Wallin)	13.17	1996-10-20
Anna Karlsson –88	13.29	1998-10-04
Josefin Andersson –94	13.29	2002-04-21
Lars Hedlund –86	14.39	1997-04-13
Theresia Johansson –82	15.42	1998-03-29
Rebecca de Jounge -95	16.36	2007-04-23
Anna Jansson -95	16.41	2004-04-17
Sandra Hjalmarsson –89	17.18	1998-04-26

Forts. Personbästa – tider terräng 2,5 km ....

### 2,5 km

Alf Sjökvist -43	10.01	2005-04-16
Gunnar Holmgren -59	10.13	1996-10-27
Per Andersson -53	10.18	1996-10-27
Åke Lindén -56	10.30	1997-04-20
Bert Hjalmarsson -60	10.30	1998-04-26
Björn Holm -54	10.37	2000-04-24
Simon Halvorsen -92	10.37	2006-04-26
Rolf Sjökvist -40	10.55	1996-10-27
Sten Andersson -41	11.01	1998-05-03
Johan Bark -85	11.07	1998-05-03
Stefan Söderqvist -63	11.12	1999-04-25
Östen Eriksson -56	11.21	2000-04-16
Alexander Foxegård -89	11.35	2006-04-22
Maria Barman -88	11.38	2003-04-26
Oskar Wallin -76	11.46	1996-10-20
Linn Wennbom -89	12.15	2004-04-28
Christian Hartmann -87	12.24	2000-04-02
Gert-Ove Hedlund -57	12.29	1997-03-31
Elsa Hedlund -90	12.30	2007-04-02
Rolf Arvidsson -48	12.42	1996-11-17
Yvonne Hartmann -61	12.44	1996-10-20
Markus Holmgren -88	12.57	2003-04-13
Sara Jansson -92	13.05	2006-04-26
Christofer Hartmann -85	13.09	1996-10-20
David Käll -84	13.11	2007-04-02
Ida Halvorsen -94	13.12	2004-04-12
Hilda Sjöberg -82	13.12	2004-04-17
Michael Henriksson -69	13.30	2003-03-30
Therese Dahlström -80	13.43	1996-10-20
Lena Pettersson -62	13.51	1996-11-03
Kristoffer Öhman -84	14.00	1996-11-03
Tonje Halvorsen -90	14.22	2002-04-28
Sebastian Henriksson -94	14.26	2002-04-14
Anna Jansson -95	14.43	2005-04-09
Angelica Örneholm -83	14.45	1998-04-05
Peter de Jonge -64	14.49	2000-04-09
Elin Karlsson -85	14.52	1998-04-05
Tobias Andersson -91	15.07	2005-04-09
Maria Ahlberg -66	15.14	2005-04-09
Emil Hjalmarsson -91	15.42	2001-04-16
Lars Hedlund -86	15.44	1997-11-09
Bengta Andersson -43	15.55	1998-05-03
Malin Holmgren -86	16.23	1998-10-04
Viktor Johansson -91	16.23	2001-04-16
Sören Axelsson -70	16.27	2007-04-16
Birger Andersson -43	16.30	2002-05-01
Tone Halvorsen -63	16.36	2000-04-09
Sara Hedlund -84	16.41	1997-04-20
Katarina Barman -60	17.17	2002-05-01
Niina Andersson -64	18.11	2002-05-01
Tim Carlsson -92	19.36	2007-04-16
Urban Eriksson -62	19.36	2007-04-16
Lillemor Johansson -55	19.39	2003-04-26
Evelina Hjalmarsson -90	21.16	2000-03-26
Kay Bark -44	21.33	2000-04-09
Lina Björn -89	21.47	2003-03-30
Joakim Andersson -66	23.04	2002-04-14
Birgitta Ehrt -43	23.18	2001-04-29
Ewa Wennbom -51	25.12	2001-04-16
Lovisa Johansson -89	25.16	2003-04-21
Helen de Jonge -67	27.35	2002-05-01
Emma Bäckman-Henriks. -73	27.35	2002-05-01
Jasmine Gutenberg -96	38.30	2005-04-09

Forts. Personbästa – tider terräng 2,5 km ....

**5,0 km**

Alf Sjökvist –43	18.08	1999-05-01
Alexander Brännkärr -88	19.06	2005-04-16
Markus Holmgren -88	21.58	2007-04-02
Bert Hjalmarsson –60	22.09	2000-05-01
Gunnar Holmgren –59	22.32	1997-10-19
Per Andersson –53	22.53	1996-11-10
Rolf Sjökvist –40	23.30	1999-05-01
Stefan Söderqvist –63	23.38	2000-04-02
Magnus Löfgren -69	23.53	2007-03-26
Sten Andersson –41	24.13	1998-04-19
Johan Bark –85	24.19	1999-10-24
Östen Eriksson –56	24.42	2003-05-01
Maria Barman –88	25.41	2002-05-01
Åke Lindén -56	25.43	2004-04-28
Maria Ahlberg -66	29.57	2004-04-24
Joakim Andersson –66	30.00	2003-05-01
Malin Holmgren –86	31.30	2003-04-26
Patrik Eriksson –86	35.36	2002-05-01

**7,5 km**

Alf Sjökvist –43	27.24	1997-04-20
Bert Hjalmarsson –60	34.10	2000-04-24

2007-04-30