

Råsunda IS P2015

Operational plan & budget 2024

Economy

As a participant in Råsunda IS, there are three different fees to relate to. The membership and activity fee which is handled by Råsunda (the office) and the fee team fund which is handled by the team's team leader/treasurer. These are therefore three different payments with different recipients. The membership and activity fee has not yet been determined by Råsunda (more info will come from the office in January).

The team fund fee goes in full to the team's sporting activities and is handled by the team's team leader/treasurer. The fee is set at SEK 500 per player and is to be paid no later than February 29, 2024 (Swish to team leader). Players who do not pay this fee can only participate in the team's training activities and league games. All other activities are dependent on a functioning team fund.

80% of the team's funds will be financed through *sponsors or **revenue-generating activities. The total cost per player for the 2024 season amounts to SEK 2,225, of which SEK 500 is withdrawn through the team treasury fee and the remaining part, i.e. SEK 1,750, needs to be raised from sponsors and revenue-generating activities.

** Sponsorship activities are those where the team through the office can invoice a company sponsorship money. These should accrue to the whole team and not to individual players. Contact the sponsorship manager if you or someone you know is interested in sponsoring the team.*

*** Income-generating activities refer to things that the club offers in the form of e.g. sales of bingo tickets/the Sweden Lottery, Easter eggs, and joint work around tournaments and the like. Income-generating activities do not include activities where parents have to bear the costs.*

Insurance:

All players are insured with Folksam on the condition that they have paid the membership fee. In the event of injury, the guardian or guardian must contact Folksam Advice and Care on telephone 020-444 111.

Organization

The team's organization is based on the parents of the children helping with what they can. There are several vacancies that need to be filled by more parents in order to be as good as possible for the children. Contact the team leader if you are interested in taking on a role or if you have any other questions.

Role	Name	Telephone	Mail
Team leader	Therese Sundström	0704564515	therese1984@gmail.com
Head Coach	Mazdak Millares Sarraf	0727153007	mazdak@hotmail.com
Trainer	Peter Lundberg	0706448708	peterlundberg80@icloud.com

Trainer	Steve Govers	0739370875	steve.govers@mimu.be
Trainer	Vasily Potachev	0736263209	vasil.p@hotmail.com
Special Trainer (Camp)	Imad Zatarra	0737369301	imadronaldo@hotmail.com
Sponsorship	Steve Govers	0739370875	steve.govers@mimu.be
Sponsorship	Vacant		
Sales Manager	Vacant		
Cashier	Vacant		
Material Manager	Vacant		

Player

The team's squad consists of 16 players. During the month of January, there is the opportunity for trial training for other players. If you are interested in trial training, the coaches must be informed in advance.

Name
Adel Agering Fröstell
Adrian Hoffmann
Alessandro Millares Sarraf
Alfred Sundström
Elias Pettersson
Jack Govers
Lion Buffa
Marlon Östlund
Milo Boudree
Nikhil Raichura Wikander
Nikolas Nikolic
Ömer Seha Kanik
Vide Lundberg
Vlad Bunoiu
Vraj Bhuta
Yasin Zatarra

Seasonal planning

Training and competitions:

- Expected attendance 100% (in case of absence, this will be communicated to the coach. Other sports and hobbies are perfectly fine if there is a communication).
- Always do their best and contribute positively to their surroundings.
- St. Erik's Cup: we play with two teams in the 2015 and one team in the 2016 series. A maximum of 6-7 players are called to each match. To 2015 matches are called either only 2015 or mixed (50/50) of 2015-2016 players. For 2016 matches, 2016 players are called and if necessary, a 2015 player is called (according to the dispensation rules).
- Extra level-adapted friendly matches (optional) are offered during Jan-March and Oct-Dec. In addition to training with the team, the ambition is to offer the players practice matches during the period that the St. Eriks Cup takes a break. There, players are given the opportunity to develop in match play to develop individual skills and tactical know-how.
- At cups, all players are called and no level adjustment is made.

Team Defined Activities

Aktivitet	Aktivitet detalj	Datum
- Aktivitet 1: Försäsongscup 3st med 2 lag (februari-mars)	1.1 SIK Indoor Cup (Januari 2024)	2024-01-27
	1.2 Enebyberg februaricupen (Februari 2024)	2024-02-11
	1.3 Sundbyberg Preseason Cup (Mars 2024)	2024-03-23
- Aktivitet 2: Lagaktivitet	Lagaktivitet (Landskamp)	TBD
- Aktivitet 3: S:t Eriks-Cupen 2024 (Vårsäsong v16-23)	S:t Eriks-Cupen 2024 (Vårsäsong v16-23)	2024-04-15 - 2024-06-09
- Aktivitet 4: Sommarcup 2st med 2 lag (juni)	4.1 Solnacupen (Juni 2024)	2024-06-17
	4.2 Stockholm Football Cup (Juni 2024)	2024-06-27
- Aktivitet 5: S:t Eriks-Cupen 2024 (Höstsäsong v.34-39)	S:t Eriks-Cupen 2024 (Höstsäsong v.34-39)	2024-08-19 - 2024-09-29
- Aktivitet 6: Höstcup 1st med 2 lag (oktober)	Höstlovcupen (Oktober 2024)	2024-10-27
- Aktivitet 7: Supersoccer 1gång/v, extern tränare (nov-dec)	Supersoccer center 1gång/v, extern tränare	2024-11-04 - 2024-12-16
- Aktivitet 8: Vintercup 1st med 2 lag (december)	Vasalund December Cup (December 2024)	2024-12-08
- Aktivitet 9:	Lagaktivitet (Landskamp)	TBD

Conduct

Things to keep in mind during training and matches. Help your child by:

- Get your child to arrive on time for training.
- Make sure that the child brings the right equipment (always Råsunda clothes with sponsor print)
- Get the child to refrain from training and matches in case of illness or injury. Otherwise, it can have serious consequences for the child's health.
- Answer **ALWAYS** will/will not come on invitations that are sent out for matches/training/activities.
- Notify the coaches if the child is unable to participate in training or matches.
- Help the child plan other activities and homework based on known times for training and matches.

Appearance at the match

- Under no circumstances interfere with the coach's work or shout instructions to players.
- Never criticize the referee's decision!
- It's fun to win. But performance and development are more important than results.
- As an audience, you stand on the long side where the leaders and substitutes are not.
- Cheers, cheers and encourage the players. But leave coaching to coaches and leaders.
- Encourage not only your own child but the whole team at matches, in good times and bad.
- Be a good role model for the children by behaving in a sportsmanlike manner towards opposing teams and referees.

Budget

Take	Activity detail	Date	Sum:
Cash IB 2024	Bingolotto Sales 2023		5 000
Fee team fund 500 SEK per player. Payment no later than February 29, 2024 (Swish to Therese 0704564515)		2024-02-29	8 000
Sponsorship 2024			15 000
Own teamwork / sales 1	Bingo tickets Christmas/New Year 2024	2024-12-23	5 000
Own teamwork / sales 2	Various	2024-06-30	5 000
Cup contribution from the Association			-
Total Revenue			38 000
Costs:			
Referees (friendly matches+series)			-
- Activity 1: Pre-season cup 3 with 2 teams (February-March)	1.1 SIK Indoor Cup (January 2024)	2024-01-27	2 900
	1.2 Enebyberg February Cup (February 2024)	2024-02-11	3 000
	1.3 Sundbyberg Preseason Cup (March 2024)	2024-03-23	1 990
- Activity 2: Team activity	Team activity (international)	TBD	2 400
- Activity 3: S:t Eriks-Cupen 2024 (Spring season week 16-23)	S:t Eriks-Cupen 2024 (Spring season week 16-23)	2024-04-15 - 2024-06-09	-
- Activity 4: Summer cup 2 with 2 teams (June)	4.1 Solnacupen (June 2024)	2024-06-17	-
	4.2 Stockholm Football Cup (June 2024)	2024-06-27	3 600
- Activity 5: S:t Eriks-Cupen 2024 (Autumn season w.34-39)	S:t Eriks-Cupen 2024 (Autumn season w.34-39)	2024-08-19 - 2024-09-29	-
- Activity 6: Autumn cup 1st with 2 teams (October)	Autumn Holiday Cup (October 2024)	2024-10-27	1 900
- Activity 7: Supersoccer 1 time/week, external trainer (Nov-Dec)	Supersoccer center 1 time/week, external trainer	2024-11-04 - 2024-12-16	4 800
- Activity 8: Winter cup 1st with 2 teams (December)	Vasalund December Cup (December 2024)	2024-12-08	1 380
- Activity 9:	Team activity (international)	TBD	2 400
			-
Other 1	1 Gym Bag + 1 Hat		10 080
Other 2	Workout clothes (T-shirt, Shorts & Socks)		-

Other 3	Exercise Balls & Materials		-
Other 4	Subscription Supercoach app		1 548
Total costs			35 740
Result:			
Total Revenue			38 000
Total costs			35 740
Result			2 260
Total Cost Per Player:			
Membership fee (last payment 31 Jan):	Not yet determined by the association		350
Participation fee (last payment 31 Jan):	Not yet determined by the association		600
Fee team fund (payment date 29 Feb):			500
Total cost per player in 2024 will be:			1 450