**CLEMENSNÄS HOCKEY U 15**

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| |  |  |  |  |  | | --- | --- | --- | --- | --- | | **Sommarträning 2023** | Pass 1-löpning | Pass 2-styrka | Pass 3 -snabbhet | Kommentar | | v26 |  |  |  |  | | v27 |  |  |  |  | | v28 |  |  |  |  | | V29 |  |  |  |  | |
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