

	Måndag	Tisdag	Onsdag	Grupp 1
07:00	SAMLING 07:00		SAMLING 07:00	
07:10				
07:20				
07:30		SAMLING 07:30		
07:40				
07:50				
08:00	08:00	08:00	08:00	
08:10	ISPASS	FÄLTGRUPPEN	ISPASS	
08:20				
08:30				
08:40				
08:50				
09:00		09:00		
09:10				
09:20				
09:30	09:30		09:30	
09:40	09:40	09:40	09:40	
09:50	AKTIV		AKTIV	
10:00				
10:10				
10:20	10:30	ISPASS	10:30	
10:30	10:30		10:30	
10:40	LUNCH	ISPASS	LUNCH	
10:50				
11:00				
11:10		11:10		
11:20				
11:30	11:30		11:30	
11:40	11:40	11:40	11:40	
11:50	ISPASS	LUNCH	ISPASS	
12:00				
12:10				
12:20				
12:30				
12:40	12:40			
12:50		12:40		
13:00		TINGHOCKEY		
13:10	13:10	13:10	13:10	
13:20		13:20		
13:30	13:30			
13:40	MELLIS		13:40	
13:50	14:00			
14:00				
14:10	14:10	ISPASS	FYS	
14:20	FYS		FYS	
14:30				
14:40				
14:50	14:50		MELLIS	
15:00	15:00	15:00		
		MELLIS		