

Deltagare:				
190	Klas Adolfsson	SOK Knallen	M45	72
194	Rickard Westergren	IK Wilske	M45	71
197	Andreas Nilsson	Vedums AIS	M40	75
198	Oliver Raquet	Alingsås IF	M50	68
59	Johan Börjeson	Lidköpings VSK	M40	77
60	Per Gunterberg	Lidköpings VSK	M40	78
62	Jari Repo	Trollhättans IF Friidrott	M40	76
63	Ulf Larsson	SOK Träff Karlsborg	M45	72
64	Jonas Wallerman	SOK Träff Karlsborg	M45	71
65	Tommy Karlsson	SOK Uden	M45	72
67	Lenny Carlsson	Lidköpings VSK	M45	71
70	Henrik Sahl	Lidköpings VSK	M45	73
71	Andreas Melin	IFK Skövde FIK	M45	73
72	Jerker Tegeman	Vedums AIS	M45	74
73	Mikael Johansson	Mariestads AIF	M45	72
74	Per Carlsson	Mariestads AIF	M45	70
75	Michel Matheussen	Trollhättans FIK	M50	69
76	Magnus Almen	Ryda SK	M50	65
77	Dan-Åke Johansson	Trollhättans IF Friidrott	M50	66
78	Björn Öberg	Ryda SK	M50	65
79	Jörgen Lindwall	Team Ultrasweden LK	M55	63
80	Christer Svantesson	Axa Sports Club	M55	64
82	Roger Johansson	IK Wilske	M55	62
83	Asko Sarja	Mariestads AIF	M55	62
84	Ingemar Jonsson	OK Klyftamo	M55	64

Varv 1:

Klass: M40						
1	00:07:50	59	Johan Börjeson	Lidköpings VSK	M40	77
2	00:07:59	62	Jari Repo	Trollhättans IF Friidrott	M40	76
3	00:08:22	197	Andreas Nilsson	Vedums AIS	M40	75
4	00:08:35	60	Per Gunterberg	Lidköpings VSK	M40	78

Klass: M45						
1	00:07:14	194	Rickard Westergren	IK Wilske	M45	71
2	00:07:29	70	Henrik Sahl	Lidköpings VSK	M45	73
3	00:08:20	74	Per Carlsson	Mariestads AIF	M45	70
4	00:08:30	71	Andreas Melin	IFK Skövde FIK	M45	73
5	00:08:36	63	Ulf Larsson	SOK Träff Karlsborg	M45	72
6	00:08:51	72	Jerker Tegeman	Vedums AIS	M45	74
7	00:09:28	190	Klas Adolfsson	SOK Knallen	M45	72
8	00:09:29	65	Tommy Karlsson	SOK Unden	M45	72
9	00:10:03	64	Jonas Wallerman	SOK Träff Karlsborg	M45	71
10	00:10:05	73	Mikael Johansson	Mariestads AIF	M45	72
11	00:11:46	67	Lenny Carlsson	Lidköpings VSK	M45	71

Klass: M50						
1	00:07:53	76	Magnus Almen	Ryda SK	M50	65
2	00:07:58	78	Björn Öberg	Ryda SK	M50	65
3	00:08:27	77	Dan-Åke Johansson	Trollhättans IF Friidrott	M50	66
4	00:08:28	75	Michel Matheussen	Trollhättans FIK	M50	69
5	00:09:49	198	Oliver Raquet	Alingsås IF	M50	68

Klass: M55						
1	00:08:30	79	Jörgen Lindwall	Team Ultrasweden LK	M55	63
2	00:08:53	83	Asko Sarja	Mariestads AIF	M55	62
3	00:08:59	80	Christer Svantesson	Axa Sports Club	M55	64
4	00:10:42	84	Ingemar Jonsson	OK Klyftamo	M55	64
5	DNS	82	Roger Johansson	IK Wilske	M55	62

Varv 2:

Klass: M40						
1	00:16:10	59	Johan Börjeson	Lidköpings VSK	M40	77
2	00:16:41	62	Jari Repo	Trollhättans IF Friidrott	M40	76
3	00:17:04	197	Andreas Nilsson	Vedums AIS	M40	75
4	00:17:31	60	Per Gunterberg	Lidköpings VSK	M40	78

Klass: M45						
1	00:15:00	194	Rickard Westergren	IK Wilske	M45	71
2	00:15:40	70	Henrik Sahl	Lidköpings VSK	M45	73
3	00:17:03	74	Per Carlsson	Mariestads AIF	M45	70
4	00:17:30	71	Andreas Melin	IFK Skövde FIK	M45	73
5	00:17:31	63	Ulf Larsson	SOK Träff Karlsborg	M45	72
6	00:18:14	72	Jerker Tegeman	Vedums AIS	M45	74
7	00:19:16	190	Klas Adolfsson	SOK Knallen	M45	72
8	00:19:39	65	Tommy Karlsson	SOK Uden	M45	72
9	00:20:29	64	Jonas Wallerman	SOK Träff Karlsborg	M45	71
10	00:20:30	73	Mikael Johansson	Mariestads AIF	M45	72
11	00:26:15	67	Lenny Carlsson	Lidköpings VSK	M45	71

Klass: M50						
1	00:16:26	78	Björn Öberg	Ryda SK	M50	65
2	00:16:33	76	Magnus Almen	Ryda SK	M50	65
3	00:17:18	77	Dan-Åke Johansson	Trollhättans IF Friidrott	M50	66
4	00:17:21	75	Michel Matheussen	Trollhättans FIK	M50	69
5	00:19:59	198	Oliver Raquet	Alingsås IF	M50	68

Klass: M55						
1	00:17:19	79	Jörgen Lindwall	Team Ultrasweden LK	M55	63
2	00:18:20	83	Asko Sarja	Mariestads AIF	M55	62
3	00:18:35	80	Christer Svantesson	Axa Sports Club	M55	64
4	00:22:06	84	Ingemar Jonsson	OK Klyftamo	M55	64
5	DNS	82	Roger Johansson	IK Wilske	M55	62

Varv 3:

Klass: M40						
1	00:24:41	59	Johan Börjeson	Lidköpings VSK	M40	77
2	00:25:40	62	Jari Repo	Trollhättans IF Friidrott	M40	76
3	00:25:56	197	Andreas Nilsson	Vedums AIS	M40	75
4	00:26:46	60	Per Gunterberg	Lidköpings VSK	M40	78

Klass: M45						
1	00:22:50	194	Rickard Westergren	IK Wilske	M45	71
2	00:23:53	70	Henrik Sahl	Lidköpings VSK	M45	73
3	00:25:55	74	Per Carlsson	Mariestads AIF	M45	70
4	00:26:30	63	Ulf Larsson	SOK Träff Karlsborg	M45	72
5	00:26:47	71	Andreas Melin	IFK Skövde FIK	M45	73
6	00:27:56	72	Jerker Tegeman	Vedums AIS	M45	74
7	00:29:05	190	Klas Adolfsson	SOK Knallen	M45	72
8	00:30:10	65	Tommy Karlsson	SOK Uden	M45	72
9	00:31:07	64	Jonas Wallerman	SOK Träff Karlsborg	M45	71
10	00:31:08	73	Mikael Johansson	Mariestads AIF	M45	72
11	00:40:55	67	Lenny Carlsson	Lidköpings VSK	M45	71

Klass: M50						
1	00:24:57	78	Björn Öberg	Ryda SK	M50	65
2	00:25:21	76	Magnus Almen	Ryda SK	M50	65
3	00:26:18	77	Dan-Åke Johansson	Trollhättans IF Friidrott	M50	66
4	00:26:48	75	Michel Matheussen	Trollhättans FIK	M50	69
5	00:30:12	198	Oliver Raquet	Alingsås IF	M50	68

Klass: M55						
1	00:26:20	79	Jörgen Lindwall	Team Ultrasweden LK	M55	63
2	00:28:00	83	Asko Sarja	Mariestads AIF	M55	62
3	00:28:16	80	Christer Svantesson	Axa Sports Club	M55	64
4	00:33:16	84	Ingemar Jonsson	OK Klyftamo	M55	64
5	DNS	82	Roger Johansson	IK Wilske	M55	62

Varv 4:

Klass: M40						
1	00:32:57	59	Johan Börjeson	Lidköpings VSK	M40	77
2	00:34:22	197	Andreas Nilsson	Vedums AIS	M40	75
3	00:34:38	62	Jari Repo	Trollhättans IF Friidrott	M40	76
4	00:36:11	60	Per Gunterberg	Lidköpings VSK	M40	78

Klass: M45						
1	00:30:35	194	Rickard Westergren	IK Wilske	M45	71
2	00:32:07	70	Henrik Sahl	Lidköpings VSK	M45	73
3	00:34:46	74	Per Carlsson	Mariestads AIF	M45	70
4	00:35:33	63	Ulf Larsson	SOK Träff Karlsborg	M45	72
5	00:35:52	71	Andreas Melin	IFK Skövde FIK	M45	73
6	00:37:29	72	Jerker Tegeman	Vedums AIS	M45	74
7	00:38:53	190	Klas Adolfsson	SOK Knallen	M45	72
8	00:40:24	65	Tommy Karlsson	SOK Uden	M45	72
9	00:41:35	73	Mikael Johansson	Mariestads AIF	M45	72
10	00:41:49	64	Jonas Wallerman	SOK Träff Karlsborg	M45	71
11	00:55:03	67	Lenny Carlsson	Lidköpings VSK	M45	71

Klass: M50						
1	00:33:22	78	Björn Öberg	Ryda SK	M50	65
2	00:34:16	76	Magnus Almen	Ryda SK	M50	65
3	00:35:10	77	Dan-Åke Johansson	Trollhättans IF Friidrott	M50	66
4	00:36:00	75	Michel Matheussen	Trollhättans FIK	M50	69
5	00:40:15	198	Oliver Raquet	Alingsås IF	M50	68

Klass: M55						
1	00:34:41	79	Jörgen Lindwall	Team Ultrasweden LK	M55	63
2	00:37:38	83	Asko Sarja	Mariestads AIF	M55	62
3	00:37:44	80	Christer Svantesson	Axa Sports Club	M55	64
4	00:44:34	84	Ingemar Jonsson	OK Klyftamo	M55	64
5	DNS	82	Roger Johansson	IK Wilske	M55	62