

# A-planen

	MÅNDAG	TISDAG	ONSDAG	TORSDAG	FREDAG
1600	F11/12 1600-1730		P11/12 1600-1730		F09/10 1615-1800
1630				P09 1645-1800	
1700		F09/10 1700-1830			
1730	Seniorer 1730-2100		Seniorer 1730-2100		
1800				Seniorer 1800-2100	
1830		Seniorer 1830-2000			
1900					
1930					
2000					
2030					
2100					

	LÖRDAG	SÖNDAG
08:00		
08:30		
09:00		
09:30		
10:00		
10:30		
11:00	GåFotboll	
11:30	1100-1215	
12:00		
12:30		
13:00	Stjärnorna	
13:30	1300-1400	
14:00		
14:30		
15:00		
15:30		
16:00		
16:30		
17:00		
17:30		
18:00		
18:30		
19:00		
19:30		
20:00		

# B-planen

	MÅNDAG	TISDAG	ONSDAG	TORSDAG	FREDAG
1600				F11/12 16-17	F13 16-1730
1630	P10 1630-1730				
1700	P11/12 17-18	P13 17-18	F13 17-1830	Friidrott Kastövning 1700-2000	P13 17-18
1730					P10 1700-1830
1800	P09 1800-1930			P10 1800-1900	
1830					
1900				F09/10 1900-2030	
1930					
2000			P09 2000-2100		
2030					
2100					

08:00  
08:30  
09:00  
09:30  
10:00  
10:30  
11:00  
11:30  
12:00  
12:30  
13:00  
13:30  
14:00  
14:30  
15:00  
15:30  
16:00  
16:30  
17:00  
17:30  
18:00  
18:30  
19:00  
19:30  
20:00

LÖRDAG	SÖNDAG

# Skönviks-planen

	MÅNDAG	TISDAG	ONSDAG	TORSDAG	FREDAG
16:00					
16:30		P15		P15	
17:00	F15 F16 P16 1700-1800	1645-1800		1645-1800	
17:30					
18:00	Seniorer 1800-2000	F14 P14 1800-1900		F14 P14 1800-1900	
18:30		(1730-1830)		(1730-1830)	
19:00					
19:30					
20:00					
20:30					
21:00					

	LÖRDAG	SÖNDAG
08:00		
08:30		
09:00		
09:30	Bollek	
10:00	FP17/18	
10:30	0930-1030	
11:00		
11:30		
12:00		
12:30		
13:00		
13:30		
14:00		
14:30		
15:00		
15:30		
16:00		
16:30		
17:00		
17:30		
18:00		
18:30		
19:00		
19:30		
20:00		

Lag	Kontaktperson	Telefon	Mail
A Herr	Jens Klaar	0702543997	<a href="mailto:jens_klaar@yahoo.se">jens_klaar@yahoo.se</a>
A Dam	Marie Sundman	0701772797	<a href="mailto:marie.sundman@galaxenbygg.se">marie.sundman@galaxenbygg.se</a>
U Herr	Michael Österberg	0708109943	<a href="mailto:bsnfrakt@telia.com">bsnfrakt@telia.com</a>
Div 8 Herr	Karl-Oskar Tollsten	0733777410	<a href="mailto:kottetollsten@gmail.com">kottetollsten@gmail.com</a>
F09/10	Angelica Ljusteräng	0737604222	<a href="mailto:a.ljusterang@yahoo.se">a.ljusterang@yahoo.se</a>
F11/12	Peter Andersson	0706398817	<a href="mailto:peter.andersson@phfonster.se">peter.andersson@phfonster.se</a>
F13	Carolin Löfstrand	0736725576	<a href="mailto:carolin.lofstrand@gmail.com">carolin.lofstrand@gmail.com</a>
F14	Joel Johansson	0707787316	<a href="mailto:johanssonj@hotmail.com">johanssonj@hotmail.com</a>
F15	Jenny Löweskog	0704570136	<a href="mailto:jennyloweskog@hotmail.com">jennyloweskog@hotmail.com</a>
P09	Stefan Andersson	0739867525	<a href="mailto:stefananderssonwa@gmail.com">stefananderssonwa@gmail.com</a>
P10	Mikael Tingnert	0760291471	<a href="mailto:mikael_tingnert@hotmail.com">mikael_tingnert@hotmail.com</a>
P11	Robin Persson	0702129222	<a href="mailto:perssonrobin11@gmail.com">perssonrobin11@gmail.com</a>
P12	Tove Söderberg	0704125921	<a href="mailto:tove86@hotmail.com">tove86@hotmail.com</a>
P13	Patrik Josefsson	0739908654	<a href="mailto:patrik.josefsson76@gmail.com">patrik.josefsson76@gmail.com</a>
P14	Caroline Helmersson	0704280910	<a href="mailto:caroline_helmersson@hotmail.com">caroline_helmersson@hotmail.com</a>
P15	Linus Åkesson	0737250474	<a href="mailto:don_lincan@hotmail.com">don_lincan@hotmail.com</a>
FP16	Caroline Helmersson	0704280910	<a href="mailto:caroline_helmersson@hotmail.com">caroline_helmersson@hotmail.com</a>
FP17	Jenny Löweskog	0704570136	<a href="mailto:jennyloweskog@hotmail.com">jennyloweskog@hotmail.com</a>
FP18	Nermin Husic	0735292763	<a href="mailto:nermin2009@live.se">nermin2009@live.se</a>
Gå fotboll	Karl-Oskar Tollsten	0733777410	<a href="mailto:kottetollsten@gmail.com">kottetollsten@gmail.com</a>
Stjärnorna	Jenny Nyberg	0739920631	<a href="mailto:jennylenamaria@hotmail.com">jennylenamaria@hotmail.com</a>