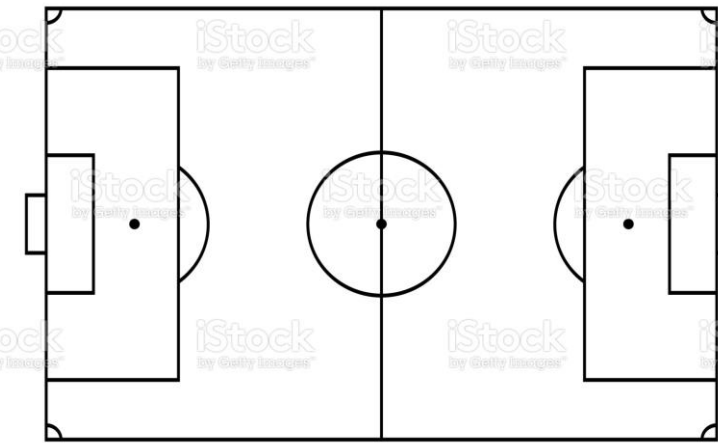
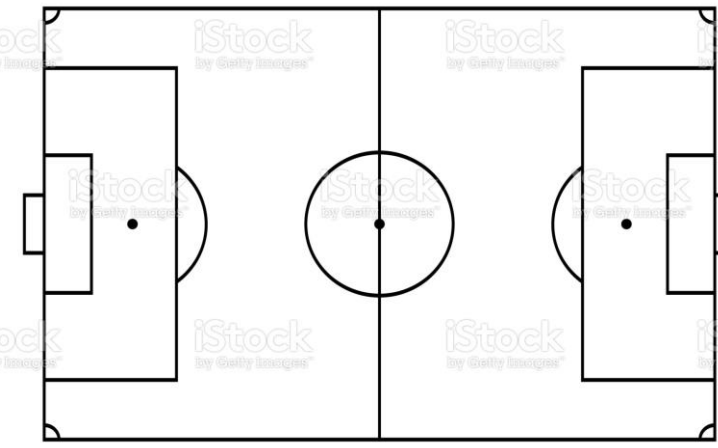


Övning 1



Övning 2



Övning 3

Fotbollsträning Datum: _____

Vertical lines for writing notes under Övning 1.

Empty box for notes under Övning 1.

Vertical lines for writing notes under Övning 2.

Empty box for notes under Övning 2.

Vertical lines for writing notes under Övning 3.

Empty box for notes under Övning 3.