

# "En triathlon i veckan" 2022-08-08 (cykelbana = Stensjön)

Nr.	Namn	Totaltid	Simning	Cykel	Löpning	Löp ut
1	Andreas Fransson KLL	01:17:40	00:07:41	00:52:30	00:17:29	01:00:11
2	Jonas Franzén KK-	00:41:00	00:10:26	00:30:34	00:00:00	00:41:00
3	Anneli Tellmo Brännström -KK	00:34:15	-	00:25:41	00:08:34	00:25:41
4	Conny Enell KKK (simrekord korta)	00:38:06	00:05:33	00:24:40	00:07:53	00:30:13
5	Jadranka Lanfjord KKK	00:47:26	00:10:21	00:27:44	00:09:21	00:38:05
6	Linn Vannemyr KKK	00:39:35	00:07:43	00:24:16	00:07:36	00:31:59
7	Joakim Enell LLL	01:17:34	00:10:51	00:47:49	00:18:54	00:58:40
8	Mattias Hellqvist KKL	00:57:11	00:10:15	00:29:50	00:17:06	00:40:05
9	Markus Landgren KKK	00:45:22	00:07:56	00:28:33	00:08:53	00:36:29
10	Robert Forsström KKK	00:54:21	00:08:47	00:33:09	00:12:25	00:41:56
11				00:00:00	00:00:00	
12				00:00:00	00:00:00	
13				00:00:00	00:00:00	
14				00:00:00	00:00:00	
15				00:00:00	00:00:00	
16				00:00:00	00:00:00	
17				00:00:00	00:00:00	
18				00:00:00	00:00:00	
19				00:00:00	00:00:00	
20				00:00:00	00:00:00	
21				00:00:00	00:00:00	
22				00:00:00	00:00:00	
23				00:00:00	00:00:00	
24				00:00:00	00:00:00	
25				00:00:00	00:00:00	
26				00:00:00	00:00:00	
27				00:00:00	00:00:00	
28				00:00:00	00:00:00	
29				00:00:00	00:00:00	
30				00:00:00	00:00:00	
31				00:00:00	00:00:00	
32						
33						
34						
35	Banrekord långa banan herrar	00:55:55	Rasmus Andersson			
36	Banrekord långa banan damer	01:07:11	Linn Vannemyr			
37	Banrekord korta banan herrar	00:30:47	Conny Enell			
38	Banrekord korta banan damer	00:34:25	Linn Vannemyr			
39	Simrekord 1 varv herrar	00:05:33	Conny Enell			
40	Simrekord 1 varv damer	00:06:21	Jenny Ragnarsson			
41	Simrekord 2 varv herrar	00:10:10	Klas Wiréhn			
42	Simrekord 2 varv damer	00:12:00	Jenny Ragnarsson			
43	Cykelrekord 10km herrar	00:16:34	Fredrik Ottosson			
44	Cykelrekord 10km damer	00:18:27	Linn Vannemyr			
45	Cykelrekord 20km herrar	00:30:35	Björn Ericsson/Rasmus Andersson			
46	Cykelrekord 20km damer	00:34:15	Linn Vannemyr			
47	Löprekord 1 varv herrar	00:06:55	Fredrik Ottosson			
48	Löprekord 1 varv damer	00:07:28	Linn Vannemyr			
49	Löprekord 2 varv herrar	00:13:37	Rasmus Andersson			
50	Löprekord 2 varv damer	00:15:11	Linn Vannemyr			