

Träningsider FBC Vinga 23/24

Måndag Hall of Flame

17:00-18:15: P12-14

18:15-19:30: P07

Tisdag Hall of Flame

17:00-18:15: P10

18:15-19:30: Dam

21:00-22:30: Veteran

Tisdag Frölunda Kulturhus

20:00-21:30: Herr

Onsdag Hall of Flame

17:00-18:15: P07

18:15-19:30: P06/07

Torsdag Hall of Flame

17:00-18:15: P10

18:15-19:30: Herr

21:00-22:30: P06/B-lag

Torsdag Frölunda Kulturhus

20:00-21:30: Dam

Fredag Hall of Flame

17:00-18:00: P10

Lördag Hall of Flame

09:00-10:00: Innebandyskolan (17-19)

10:05-11:05: F10-14

11:10-12:10: P15-16

12:15-13:30: P12-14

