Hockeyskolan 2019/2020

Schema:

<https://docs.google.com/spreadsheets/d/1WJHZdaEYDL5fjJUki4osg-sCNWz_U5Loo9p30tl3xwM/edit#gid=1302191310>

Träningsupplägg:

<https://docs.google.com/presentation/d/1lWrowfbvA6oZr3UbruBqAl0ko258fKSgl6veVQKejYU/edit?usp=sharing>