

Vecka 32

7/8 - 13/8

A - plan

Uppdaterad: 2023-08-09

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|-------------|-------------|-------------|-------------|--------|--------|--|-------|
| 16.00 | | | | | | | Uppvärmning | 13.00 |
| 17.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | | | 13.30-15.00 IBFF - PIF Vit F-09 Matchtid | 14.00 |
| 18.00 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | | | | 15.00 |
| 19.00 | | IBFF P-12 | IBFF F-12 | IBFF P-12 | | | 16.00-17.00 | 16.00 |
| 20.00 | 19.15-20.30 | 19.15-20.30 | 19.15-20.30 | | | | 16.30-18.00 | 17.00 |
| 21.00 | | ISK/ÖIF Dam | | | | | IBFF P-11 | 18.00 |
| 22.00 | | | | | | | 18.00-19.15 ISK/ÖIF Dam | 19.00 |
| | | | | | | | 19.15-20.30 | |

Vecka 32

7/8 - 13/8

5 / 7 - plan

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|---------------------|------------------------|---------------------|-------------|--------|--------|---|-------|
| 16.00 | | | | | | | Uppvärmning | 13.00 |
| 17.00 | | | | | | | 13.00-14.30 IBFF - Storfors AIK P-12 Seriematch | 14.00 |
| 18.00 | 18.00-19.00 F-14 | 18.00-19.15 | 17.30-18.30 F-15 | 18.00-19.15 | | | | 15.00 |
| 19.00 | 19.00-20.00 | IBFF P-14 | 18.30-19.30 F-14 | IBFF P-14 | | | 16.00-17.00 | 16.00 |
| 20.00 | | 19.15-20.30 F-08/09 | 19.30-20.30 | 19.15-20.30 | | | 17.00-18.00 IBFF F-15 | 17.00 |
| 21.00 | | | | | | | 18.00-19.15 | 18.00 |
| 22.00 | | | | | | | IBFF P-12 | 19.00 |
| | | | | | | | 19.15-20.30 | |

Vecka 33 14/8 - 20/8

A - plan

Uppdaterad: 2023-08-09

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|----------------------------|-----------------------------------|------------------|--|--------|--------|--|-------|
| 16.00 | | | | | | | | 13.00 |
| 17.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | | | | 14.00 |
| 18.00 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | 18.00-19.00 IBFF P-12 | | | | 15.00 |
| 19.00 | | IBFF P-12 | IBFF F-12 | Uppvärmning | | | 16.00-17.00 | 16.00 |
| 20.00 | 19.15-20.30 P-08 | 19.15-20.30 ISK/ÖIF Dam | 19.15-20.30 | 19.30-21.30 FC 65 Nord 2 - Arvidsjaur Div 4 Dam Seriematch | | | 16.30-18.00 IBFF P-11 16.30-18.00 | 17.00 |
| 21.00 | | | | | | | 18.00-19.15 | 18.00 |
| 22.00 | | | | | | | ISK/ÖIF Dam 19.15-20.30 | 19.00 |

Vecka 33 14/8 - 20/8

5 / 7 - plan

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|--|-------------------------------|----------------------------|---------------------------------|--------|--------|---------------------------------|-------|
| 16.00 | | | | | | | | 13.00 |
| 17.00 | | | | | | | | 14.00 |
| 18.00 | 17.30-19.30 IBFF F-14 - Piteå IF | 18.00-19.15 | 17.30-18.30 F-15 | 18.00-19.15 | | | | 15.00 |
| 19.00 | Träningsmatcher 2 st | IBFF P-14 | 18.30-19.30 F-14 | IBFF P-14 | | | 16.00-17.00 IBFF F-15 | 16.00 |
| 20.00 | 19.30-20.30 | 19.15-20.30 F-08/09 | 19.30-20.30 | 19.15-20.30 IBFF P-12 | | | 17.00-18.00 IBFF F-16 | 17.00 |
| 21.00 | | | | | | | 18.00-19.15 | 18.00 |
| 22.00 | | | | | | | IBFF P-12 19.15-20.30 | 19.00 |

Vecka 34 21/8 - 27/8

A - plan

Uppdaterad: 2023-08-09

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|-------------|-------------|-------------|----------------|--------|--------|-------------|-------|
| 16.00 | | | | | | | | 13.00 |
| 17.00 | | | | 17.00-18.30 | | | | 14.00 |
| 18.00 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | IBFF P-12 | | | | 15.00 |
| 19.00 | | IBFF P-12 | IBFF F-12 | Uppvärmning | | | | 16.00 |
| 20.00 | 19.15-20.30 | 19.15-20.30 | 19.15-20.30 | 19.00-20.30 | | | 16.00-17.00 | 16.00 |
| 21.00 | P-08 | ISK/ÖIF Dam | | IBFF - PIF Vit | | | 16.30-18.00 | 17.00 |
| 22.00 | | | | F-09 Matchtid | | | 16.30-18.00 | 17.00 |
| | | | | | | | IBFF P-11 | 18.00 |
| | | | | | | | 18.00-19.15 | 18.00 |
| | | | | | | | ISK/ÖIF Dam | 19.00 |
| | | | | | | | 19.15-20.30 | |

Vecka 34 21/8 - 27/8

5 / 7 - plan

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|-------------|-------------|-------------|-------------|--------|--------|-------------------|-------|
| 16.00 | | | | | | | 10.00-15.00 | |
| 17.00 | | | | | | | IBFF - Arvidsjaur | |
| 18.00 | 18.00-19.00 | 18.00-19.15 | 17.30-18.30 | 18.00-19.15 | | | Dubbelmöte | 15.00 |
| 19.00 | F-14 | | F-15 | IBFF P-14 | | | P-11 | |
| 20.00 | 19.00-20.00 | IBFF P-14 | 18.30-19.30 | IBFF P-14 | | | 16.00-17.00 | 16.00 |
| 21.00 | | 19.15-20.30 | F-14 | 19.15-20.30 | | | IBFF F-15 | 17.00 |
| 22.00 | | F-08/09 | 19.30-20.30 | F-08/09 | | | 17.00-18.00 | 17.00 |
| | | | | | | | 18.00-19.15 | 18.00 |
| | | | | | | | IBFF P-12 | 19.00 |
| | | | | | | | 19.15-20.30 | |

Vecka 35

28/8 - 3/9

A - plan

Uppdaterad: 2023-08-09

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|---------------------|----------------------------|-------------|----------------------------|-------------|--------|---|-------|
| 16.00 | | | | | | | Uppvärmning | 13.00 |
| 17.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | | | 12.00-13.30 IBFF - MAIF/GSK F-09 Matchtid | 14.00 |
| 18.00 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | | 15.00-16.30 IBFF - MAIF/GSK F-09 Matchtid | 15.00 |
| 19.00 | | IBFF P-12 | IBFF F-12 | IBFF F-14 | IBFF P-12 | | 16.30-18.00 | 16.00 |
| 20.00 | 19.15-20.30 P-08 | 19.15-20.30 ISK/ÖIF Dam | 19.15-20.30 | 19.15-20.30 ISK/ÖIF Dam | | | 16.30-18.00 | 17.00 |
| 21.00 | | | | | | | 18.00-19.15 | 18.00 |
| 22.00 | | | | | | | ISK/ÖIF Dam | 19.00 |
| | | | | | | | 19.15-20.30 ISK/ÖIF Dam | |

Vecka 35

28/8 - 3/9

5 / 7 - plan

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|--|------------------------|---|------------------------|--------|--------|--------------------------|-------|
| 16.00 | | | | | | | | 13.00 |
| 17.00 | | | | | | | | 14.00 |
| 18.00 | 17.30-18.30 F-14 | 18.00-19.15 | 17.30-18.30 F-15 | 18.00-19.15 | | | | 15.00 |
| 19.00 | Uppvärmning | IBFF P-14 | Uppvärmning | IBFF P-14 | | | 16.00-17.00 | 16.00 |
| 20.00 | 19.00-20.30 IBFF - Bergnäset P-12 Seriematch | 19.15-20.30 F-08/09 | 19.15-21.00 IBFF - Storfors AIK P-12 Seriematch | 19.15-20.30 F-08/09 | | | 17.00-18.00 IBFF F-15 | 17.00 |
| 21.00 | | | | | | | 18.00-19.15 | 18.00 |
| 22.00 | | | | | | | IBFF P-12 | 19.00 |
| | | | | | | | 19.15-20.30 | |

Vecka 36

4/9 - 10/9

A - plan

Uppdaterad: 2023-08-09

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|-------------|--------------------|------------------|--------------------|-------------|--------|--------------------|-------|
| 16.00 | | | | | | | | 13.00 |
| 17.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | 17.00-18.00 | | | | 14.00 |
| 18.00 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | 18.00-19.15 | | | 15.00 |
| 19.00 | | IBFF P-12 | IBFF F-12 | IBFF P-12 | | | 16.00-17.00 | 16.00 |
| 20.00 | 19.15-20.30 | 19.15-20.30 | 19.15-20.30 | 19.15-20.30 | | | 16.30-18.00 | 17.00 |
| 21.00 | P-08 | ISK/ÖIF Dam | | ISK/ÖIF Dam | | | IBFF P-11 | 18.00 |
| 22.00 | | | | | | | 18.00-19.15 | 19.00 |
| | | | | | | | ISK/ÖIF Dam | |
| | | | | | | | 19.15-20.30 | |

Vecka 36

4/9 - 10/9

5 / 7 - plan

| | Måndag | Tisdag | Onsdag | Torsdag | Fredag | Lördag | Söndag | |
|-------|-------------|------------------|-------------|------------------|--------|--------|------------------|-------|
| 16.00 | | | | | | | | 13.00 |
| 17.00 | | | | | | | | 14.00 |
| 18.00 | 18.00-19.00 | 18.00-19.15 | 17.30-18.30 | 18.00-19.15 | | | | 15.00 |
| 19.00 | F-14 | | F-15 | | | | 16.00-17.00 | 16.00 |
| 20.00 | 19.00-20.00 | IBFF P-14 | 18.30-19.30 | IBFF P-14 | | | IBFF F-15 | 17.00 |
| 21.00 | | 19.15-20.30 | F-14 | 19.15-20.30 | | | 17.00-18.00 | 18.00 |
| 22.00 | | F-08/09 | 19.30-20.30 | F-08/09 | | | IBFF F-16 | 19.00 |
| | | | | | | | 18.00-19.15 | |
| | | | | | | | IBFF P-12 | |
| | | | | | | | 19.15-20.30 | |