

	MÅNDAG TEAM 13/14/F10/F12	TISDAG TEAM 13/14/F10/F12	ONSDAG TEAM 13/14/F10/F12	TORSDAG TEAM 13/14/F10/F12	FREDAG TEAM 13/14/F10/F12
06:45	07:00				
07:00	07:15				
07:15	07:30				
07:30	07:45				
07:45	08:00				
08:00	08:15				
08:15	08:30				
08:30	08:45				
08:45	09:00				
09:00	09:15				
09:15	09:30				
09:30	09:45				
09:45	10:00				
10:00	10:15				
10:15	10:30				
10:30	10:45				
10:45	11:00				
11:00	11:15				
11:15	11:30				
11:30	11:45				
11:45	12:00				
12:00	12:15				
12:15	12:30				
12:30	12:45				
12:45	13:00				
13:00	13:15				
13:15	13:30				
13:30	13:45				
13:45	14:00				
14:00	14:15				
14:15	14:30				
14:30	14:45				
14:45	15:00				
15:00	15:15				
15:15	15:30				
15:30	15:45				
15:45	16:00				
16:00	16:15				
16:15	16:30				
16:30	16:45				
16:45	17:00				
17:00	17:15				

INCHECKNING

IS  
07:30-08:30

FRUKOST  
07:45-08:15

IS  
07:30-08:30

FRUKOST  
07:45-08:15

FRUKOST  
07:45-08:15

BAD  
08:30-09:15

FRUKOST  
09:00-09:30

FYS  
08:45-09:45

FRUKOST  
09:00-09:30

FYS  
08:45-09:45

FYS  
09:45-10:45

Teori/Teknik  
Bollspel  
10:00-10:45

FYS  
09:45-10:45

Teori/Teknik  
Bollspel  
10:00-10:45

MATCH  
09:50-10:50

LUNCH  
11:00-11:45

IS  
11:00-12:00

LUNCH  
11:00-11:45

IS  
11:00-12:00

LUNCH  
11:15-12:00

IS  
12:10-13:10

LUNCH  
12:15-13:00

IS  
12:10-13:10

LUNCH  
12:15-13:00

5-kamp  
12:15-13:45

TEORI  
13:30-14:15

RF SISU  
Rörelsebana  
13:15-14:15

TEORI  
13:30-14:15

RF SISU  
Värdegrund  
13:15-14:15

MELLIS  
14:15-14:30

MELLIS  
14:30-15:15

MELLIS  
14:15-14:30

MELLIS  
14:30-15:15

MATCH  
14:30-15:30

Bollspel/Teknik  
14:45-15:45

Bollspel/Teknik  
14:45-15:45

AVSLUTNING  
15:30-16:15

IS  
15:40-16:40

IS  
15:40-16:40