

# Match day Sunday the 26th of March

## Departure time / Return time

**Assembly time** 07.45, the bus departs from **Boden Arena** at 08.00

**Homecoming time** calculated at **Boden Arena** approx. 15.30

## Match times

Sporthallen, Norrfjärden	
10:00	Bodens BK HF - Gimonäs IF 2
13:00	Gimonäs IF 1 - Bodens BK HF



## Food

In order for everyone to be strong all day, it is important that all children bring food to eat and drinks or money to buy food for. There are some sales in the hall and we will stop and eat on the way home.

- Lunch to eat between matches matches
- A light snack/fruit to eat after the matches

Some sales of may be on site but no guarantee, so **bring food!**

## Important to bring

All children get a match shirt on site from us and below we have listed some important things to bring in addition to clothes to travel in there and home. **Remember to bring warm underwear!** We will activate the boys outside before the first game.

- Training shoes
- Black shorts
- Socks
- Waterbottle
- Sweatpants / jersey to wear between matches
- Towel, shower cream, deodorant
- Clean underwear

## **Other information**

We will not have access to a lockable changing room, we will therefore collect valuables when we play the matches and we are therefore grateful if everyone minimizes the number of valuables we have to keep track of during the day.

As for sweets, snacks, we coaches want the children to avoid this at least until it is time for the trip home.

## **Accompanying parent**

Since we ride alone in the bus we have unlimited number of seats in the bus and can therefore guarantee seats for accompanying.

The fee for the bus is: Accompanying parent SEK 150 Players SEK 250

## **Digital broadcast of the matches**

We may be able to broadcast the matches. If so we broadcast the matches in our private Facebook group "Boden Handboll – Pojkar 2010/2011" If you are not a member there, register via this link <https://www.facebook.com/groups/1198749590320970/?ref=share>

**Important!** If any of you parents do not want your child to be seen in the picture, you must contact one of us coaches before the match day.

## **Contact information for coaches**

- Erik Andersson      070 – 330 59 98
- Daniel Hellberg     070 – 315 41 46
- Johan Larsson        070 – 612 67 70