

Åldersrekord Längdhopp

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|--------|--------|----------------------|---------------|------|
| 8 zon | 3.58 i | Meja Törnqvist-05 | Örebro/Ty | 2013 |
| 9 zon | 4.03 i | Elviran Lindén-10 | Örebro/Ty | 2019 |
| 10 zon | 4.31 i | Meja Törnqvist-05 | Örebro/Ty | 2015 |
| 11 zon | 4.75 i | Kayla Collin-07 | Göteborg/FH | 2018 |
| 12 zon | 4.96 i | Kayla Collin-07 | Örebro/Ty | 2019 |
| 13 zon | 5.37 i | Klara Frih-02 | Örebro/Ty | 2015 |
| 14 zon | 5.17 i | Lena Stenbrink-70 | Katrineholm | 1984 |
| 13 | 4.80 i | Nanna Frih-04 | Örebro/Ty | 2017 |
| 14 | 5.20 i | Klara Frih-02 | Örebro/Ty | 2016 |
| 15 | 5.26 | Lena Stenbrink-70 | Hallsberg | 1985 |
| 16 | 5.38 i | Lena Stenbrink-70 | Falun | 1986 |
| 17 | 5.50 | Lena Stenbrink-70 | Örebro/U | 1987 |
| 17 | 5.60w | Lena Stenbrink-70 | Rabat, Mar | 1987 |
| 18 | 5.53 | Lena Stenbrink-70 | Mora | 1988 |
| 18 | 5.67w | Lena Stenbrink-70 | Örebro/U | 1988 |
| 19 | 5.51 i | Lena Stenbrink-70 | Malmö | 1989 |
| 20 | 5.18 | Linda Eriksson-76 | Malmö | 1996 |
| 21 | 5.06 | Linda Eriksson-76 | Lerum | 1997 |
| 22 | 5.04 | Liselott Karlsson-72 | Eskilstuna | 1994 |
| 22 | 5.18w | Liselott Karlsson-72 | Eskilstuna | 1994 |
| 23 | | | | |
| 24 | 4.38 | Monika Karlsson-69 | Åsbro | 1993 |
| 25 | | | | |
| 26 | | | | |
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| 28 | | | | |
| 29 | | | | |
| 30 | 3.35 | Maj Gideonsson-48 | Åsbro | 1978 |
| 31 | | | | |
| 32 | | | | |
| 33 | 3.67 | Inger Fallkvist-45 | Åsbro | 1978 |
| 34 | | | | |
| 35 | | | | |
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| 41 | 5.00 | Inga Stenbrink-39 | Göteborg | 1980 |
| 42 | 5.25 | Inga Stenbrink-39 | Larvik, Nor | 1981 |
| 43 | 5.30w | Inga Stenbrink-39 | Örebro/U | 1982 |
| 44 | 5.09 | Inga Stenbrink-39 | Hallsberg | 1983 |
| 45 | 5.13 | Inga Stenbrink-39 | Hallsberg | 1984 |
| 46 | 4.96 | Inga Stenbrink-39 | Helsingborg | 1985 |
| 47 | 5.06 | Inga Stenbrink-39 | Malmö | 1986 |
| 48 | 4.84 | Inga Stenbrink-39 | Pori, Fin | 1987 |
| 49 | 4.91 | Inga Stenbrink-39 | Verona, Ita | 1988 |
| 50 | 4.85 | Inga Stenbrink-39 | Örebro/U | 1989 |
| 51 | 4.91 | Inga Stenbrink-39 | Budapest, Ung | 1990 |
| 52 | 4.77 | Inga Stenbrink-39 | Åbo, Fin | 1991 |
| 53 | 4.65 i | Inga Stenbrink-39 | Örebro/M | 1992 |
| 54 | 4.53 i | Inga Stenbrink-39 | Solna | 1993 |