

Åldersrekord 10 km väg

| | | | | |
|----|--------|-----------------------|-----------|------|
| 15 | 41.55 | Solomon Babysiza-97 | Vretstorp | 2012 |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | 30.56 | Patrik Johansson-65 | Vretstorp | 1984 |
| 20 | 45.23 | Emil Altskog-88 | Vretstorp | 2008 |
| 21 | 36.28 | Mikael Pihel-73 | Örebro | 1994 |
| 22 | 30.57 | Mikael Abrahamsson-62 | Vretstorp | 1984 |
| 23 | 31.56 | Johan Hagerlund-67 | Örebro | 1990 |
| 24 | 31.28 | Jan Abrahamsson-62 | Vretstorp | 1986 |
| 25 | 31.14 | Patrik Johansson-65 | Örebro | 1990 |
| 26 | 32.04 | Johan Hagerlund-67 | Örebro | 1993 |
| 27 | 31.53 | Johan Hagerlund-67 | Örebro | 1994 |
| 28 | 31.47 | Johan Hagerlund-67 | Örebro | 1995 |
| 29 | 35.08 | Bengt Salomonsson-57 | Örebro | 1986 |
| 30 | 33.04 | Johan Hagerlund-67 | Örebro | 1997 |
| 31 | 33.28 | Jan Abrahamsson-62 | Örebro | 1993 |
| 32 | 39.06 | Tomas Wirén-62 | Örebro | 1994 |
| 33 | | | | |
| 34 | 46.20 | Rickard Bäck-77 | Vretstorp | 2011 |
| 35 | 44.24 | Rickard Bäck-77 | Kumla | 2012 |
| 36 | 42.01 | Andreas Adolfsson-77 | Kumla | 2013 |
| 37 | 41.39 | Andreas Adolfsson-77 | Kumla | 2014 |
| 38 | 50.27M | Rickard Bäck-77 | Göteborg | 2015 |
| 39 | 37.56 | Kenneth Karlsson-66 | Kumla | 2005 |
| 40 | 36.05 | Joacim Carlsson-73 | Kumla | 2013 |
| 41 | 36.47 | Björn-Erik Franzén-47 | Örebro | 1988 |
| 42 | 33.52 | Björn-Erik Franzén-47 | Örebro | 1989 |
| 43 | 33.46 | Björn-Erik Franzén-47 | Örebro | 1990 |
| 44 | 37.01 | Roger Adolfsson-47 | Örebro | 1991 |
| 45 | 34.47 | Gunnar Eriksson-40 | Vretstorp | 1985 |
| 46 | 40.42 | Christer Andersson-47 | Örebro | 1993 |
| 47 | 40.07 | Kenneth Karlsson-66 | Örebro | 2013 |
| 48 | 42.52 | Kenneth Karlsson-66 | Vretstorp | 2014 |
| 49 | 44.20 | Kenneth Karlsson-66 | Örebro | 2015 |
| 50 | 45.08 | Sivert Lignell-53 | Kumla | 2003 |
| 51 | 36.51 | Bo Werner-42 | Örebro | 1993 |
| 52 | 45.27 | Thomas Lindström-55 | Kumla | 2007 |
| 53 | 38.44 | Gunnar Eriksson-40 | Örebro | 1993 |
| 54 | 44.33 | Ove Karasiak-53 | Kumla | 2007 |
| 55 | 45.10 | Thomas Lindström-55 | Örebro | 2010 |
| 56 | 44.54 | Ove Karasiak-53 | Örebro | 2009 |
| 57 | 45.50 | Ove Karasiak-53 | Kumla | 2010 |
| 58 | 45.59 | Thomas Lindström-55 | Vretstorp | 2013 |
| 59 | 45.58 | Ove Karasiak-53 | Vretstorp | 2012 |
| 60 | 46.10 | Ove Karasiak-53 | Kumla | 2013 |
| 61 | 48.50 | Ove Karasiak-53 | Örebro | 2014 |
| 62 | 48.54 | Ove Karasiak-53 | Vretstorp | 2015 |
| 63 | 47.35 | Ove Karasiak-53 | Vretstorp | 2016 |
| 64 | 49.13 | Ove Karasiak-53 | Örebro | 2017 |
| 65 | 50.08 | Ove Karasiak-53 | Kumla | 2018 |
| 66 | 47.54 | Gunnar Johansson-43 | Kumla | 2009 |
| 67 | | | | |
| 68 | 45.09 | Gunnar Johansson-43 | Vretstorp | 2011 |
| 69 | 44.18 | Gunnar Johansson-43 | Kumla | 2012 |
| 70 | 46.39 | Gunnar Johansson-43 | Örebro | 2013 |
| 71 | 45.27 | Gunnar Johansson-43 | Örebro | 2014 |